

ANNIQUE'S *energy experts*

Eating a well-balanced diet, exercising regularly and getting enough sleep are the best ways to maintain your natural energy levels. But these things are not always possible, especially when balancing the demands of life. Fortunately, Annique has fantastic products you can turn to for a natural energy boost.



FOR
OPTIMAL
ENERGY

PRODUCT

WHY

EXPECTED RESULTS

NAD



Boosts the body's energy reserves

- One of NAD's most essential functions is energy metabolism
- Our cells use NAD to turn the food (and drinks) we consume into the energy we need to stay healthy

OptiFlora



Improves athletes' overall general health, performance, and energy availability

OptiFlora contains probiotic species Bifidobacterium and Lactobacillus, to promote gut health and the absorption of nutrients.

- Promotes absorption of nutrients
- Controls inflammation
- Controls oxidative stress in the body
- Enhances recovery

WITH EXTRACT OF
ROOIBOS
MET EKSTRAK VAN

CBD



Enhances overall sport performance

In 2018 the World Anti-Doping Agency removed cannabidiol from its prohibited list of substances, finally allowing athletes across the world access to CBD and the benefits it has for the mind and body.

- Reduces the swelling and soreness in muscles and joints
- Aids in greater ease in falling asleep and a better quality of rest
- Treats stress and anxiety

Lifestyle
shake



The perfect meal on-the-go

- Boosts health and vitality
- Adds extra energy and nutrients