



Low Carb Asparagus

 Serves 4

INGREDIENTS

- 900 g asparagus, trimmed and peeled
- 2 Tablespoons butter, melted
- Himalayan salt
- Black pepper
- ½ Cup grated parmesan cheese

INSTRUCTIONS

1. Preheat oven to 200°C.
2. Blanche asparagus and drain.
3. Arrange in a shallow serving dish.
4. Pour melted butter over and sprinkle with salt and pepper.
5. Spoon cheese evenly over the top and bake for 20 minutes or until lightly browned.

ANNIQUE
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