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Introduction to Resque Gifting 2022 Range



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RESQUE
TREATMENT

NAIL AND
CUTICLE OIL

Made with
Peppermint, Marula,
Tea Tree and
Rooibos Extract



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Resque Nail and Cuticle Oil 10ml

Resque Nail and Cuticle Oil

10ml

- A blend of herbal oils that nourish and treat your nails and cuticles
- May prevent and reduce fungal growth



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Resque Nail and Cuticle Oil

10ml

Product Benefits

- Made with a combination peppermint, marula and tea tree oil
- Soothes and protects sore and torn cuticles
- Moisturises and hydrates cuticles and nail bed
- Prevents and protects nail from fungal growth
- Comes in an easy to apply roller ball applicator



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Resque Nail and Cuticle Oil

10ml

Product Application

- Apply the oil to the nail and cuticle area with the roller
- Massage until absorbed
- If you suspect that your nail has fungal growth, use an earbud and apply liquid to the affected area



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RESQUE
TREATMENT

RESTORING
FOOT SOAK

Made with Peppermint, Marula,
Tea Tree and Rooibos Extract



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Resque Restoring Foot Soak 300g

Resque Restoring Foot Soak 300g

- Soothing and restoring foot soak
- Made with a unique blend of essential oils and magnesium salts



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Resque Restoring Foot Soak 300g

Product Benefits

- Relieves aching and swollen feet
- Has antifungal and antiseptic properties
- Soothes and restores tired feet



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Resque Restoring Foot Soak 300g

Product Application

- Sprinkle 2 tablespoons in warm Rooibos-infused water
- Leave feet to soak for 5-10 minutes



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Resque Muscle Ice Roll-on Gel 60ml



Resque Muscle Ice Roll-on Gel 60ml

- Lightweight liquid gel that is designed to provide targeted relief
- This product forms part of cold therapy as its has a cooling pain relief action
- The roller applicator makes it easy and convenient to help treat targeted areas



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Resque Muscle Ice Roll-on Gel 60ml

Product Benefits

- Provides targeted cooling pain relief to overworked muscles and joints
- Reduces inflammation
- Easy and convenient to apply



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Resque Muscle Ice Roll-on Gel 60ml



Differences between:

Resque Muscle Ice Roll-on Gel 60ml	Resque ZeroAche+ 75ml
Cold slows blood flow, reducing swelling and pain.	Heat boosts the flow of blood and nutrients to an area of the body.
For short-term pain, like that from a sprain or a strain.	For morning stiffness or to warm up muscles before activity.
Cold treatment reduces inflammation by decreasing blood flow. Apply within 48 hours after an injury.	Heat treatment promotes blood flow and helps muscles relax. Use for chronic pain.



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Resque Muscle Ice Roll-on Gel 60ml

Product Application

- Remove the cap and roll the gel directly onto the affected area, immediately after injury, to reduce inflammation
- For relief of tense muscles, increase pressure while rolling



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Resque Destress Blend Essential Oils 5ml



Resque Destress Blend Essential Oils 5ml

- Leave all the stress behind and unwind with this wonderful blend of essential oils.
- Infused with cedarwood, rose geranium, lavender, peppermint, and marjoram essential oils.
- Ideal blend to use in a diffuser, making use of the hand cupping method or to make your own room spray.
- Safety during pregnancy has not been established.
- Suitable for children from the age of 5 and older. When used near and or around children, make sure that the aroma is not too strong.



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Resque Destress Blend Essential Oils 5ml

Product Benefits

- 100% essential oil blend
- Helps to uplift mood
- Stress and anxiety relief
- Better sleep
- Promotes relaxation



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Resque Destress Blend

Essential Oils 5ml

How to use :

The Resque Destress Blend Essential Oil can not be used as part of your facial routine, but can be used in the following ways.

Electronic Diffuser

Drip 3-5 drops into the diffuser water (filtered/distilled) and switch on.

Hand Cupping

Drip 1-2 drops of the Essential Oil Destress Blend into one hand. Rub your hands together, bring your cupped hands over your nose and mouth and breathe in and out slowly.

Cotton Make-up Pads:

Drip 2-3 drops of the Essential Oil Destress Blend onto a cotton make-up pad and place this in your shoes; in your car when you are driving; or clip the cotton pad onto a clothing peg and attach it to your car's air vent or in your home.

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Resque Destress Blend

Essential Oils 5ml

Make Your Own Spray

Fill a spray bottle with filtered/distilled water and add 5-10 drops of the Essential Oil Destress Blend (depending how strong you would like the aroma). Shake it up and spray.

Wooden Laundry Peg

Drop 2-3 drops of the Essential Oil Destress Blend onto a wooden laundry peg. The oils will absorb into the wood and diffuse. You can place these pegs anywhere.

Favourite Toy or Blanket

You can add a few drops of the Essential Oil Destress Blend onto your child's favourite toy or blanket before bedtime. The aroma will help calm and relax your child. Suitable for children aged three years and older.

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